

CODE 798

# HIGH PROTEIN VEGETABLES AND LEGUMES SOUP



## INGREDIENTS

Water, vegetables in variable proportions 19% (carrots, pumpkin, leek, cauliflower, cabbage, chard, courgette, onion, **celery**), legumes in variable proportions 15% (rehydrated lentils, edamame (soy beans), rehydrated chickpeas, peas, green beans), pea proteins 5%, tomato puree 3%, extra virgin olive oil, salt, sugar, basil semi-finished product (PDO basil, sunflower seeds oil, salt), parsley semi-finished product (parsley, sunflower seeds, salt), powdered rosemary, powdered thyme.

**WEIGHT 350g**

**SHELF-LIFE 18 days**

## NUTRITIONAL VALUES ON AVERAGE

per 100 g of product:

Energy	51 kcal - 215 kJ
Fat	0,9 g
of which saturated	0,1 g
Carbohydrate	5,3 g
of which sugars	2,0 g
Fibre	1,9 g
Protein	4,4 g
Salt	0,60 g